

Recognizing Types of Hitters

Right Handed/Left Handed Pull Hitters

- stand close to and stride away from the plate
- hold their bats vertical

Work pitches away from these hitters, change speeds and locate pitches on the outside half of the plate.

Right Handed/Left Handed Spray Hitters

- stand away from and stride toward home plate
- typically hold their bats horizontal.

Work pitches in on these hitters, change speeds and keep the ball on the inside half of the plate.

Right Handed/Left Handed Power Hitters

- stand close to the plate
- hold their bats at a 45 degree angle
- usually have a fairly wide stance
- stride toward the pitcher
- anxious to hit the ball

Work pitches in on these hitters, change speeds, keep the ball down in the zone make them wait longer than usual (tends to frustrate power hitters)